Healthy

Cereal favorite

Choice of raisin bran, wheaties, cheerios, total kashi go lean, berries in season or sliced banana, 2% skim milk

Steel-cut oatmeal Cinnamon, brown sugar, raisin compote

Market fresh fruit and berries Seasonal assortment of fresh fruit and berries

Yogurt and granola parfait Seasonal berries

Fruit smoothies

Choice of two: orange, banana, honeydew, watermelon, strawberry, tomato, blueberry

Griddle

All American breakfast

Two eggs cooked any style, bacon, sausage, breakfast potatoes, choice of toast

Belgian waffle

Homemade whipped cream, maple syrup

Three Egg Omelet

- Choice of: eggs or egg whites, tomato, spinach, mushroom, bell peppers, bacon or sausage, feta cheese, cheddar cheese, jack cheese, breakfast potatoes
- Steak and Eggs Grilled NY Strip, two eggs cooked any style,

breakfast potatoes, choice of toast

- **Brioche French Toast** Seasonal berries, Vermont maple syrup,
- chantilly orange scented cream, powdered sugar

Buttermilk Pancakes

Three pancakes, whipped sweet butter, Vermont maple syrup

Classic Eggs Benedict With canadian bacon

Eggs Benedict Florentine Spinach and tomatoes

Seasonal Fruit Plate

Sliced seasonal fruits and berries. your choice of yogurt or cottage cheese

Lox and Bagel

Cured scottish salmon, hard-boiled eggs, cream cheese, capers, red onion, confit tomato

14	Bakery basket selection Including croissant, daily baked muffin, and your choice of English muffin, sourdough, multigrain, rye, white toast	6
21	Bagel with light Philadelphia cream cheese	4
	Smoked bacon, sausage link, or cured ham	4
	Griddled breakfast potatoes	3
11	Cup of seasonal berries or sliced banana	4
	Plain & Nonfat Greek yogurt	3
11	Strawberry, Raspberry or Blueberry	3

14	Regular and Decat Coffee	4
	Espresso	4
	Latte/Cappuccino	5
1/.	lood Cappuccino	-

Reverages

40		
12	Hot Tea	3.5
	Hot Chocolate	3.5
	Orange Juice	3.5
14	Cranberry Juice	3.5
	Apple Juice	3.5
	Whole milk, 2%, Fat free	3
	Soy Milk	5
	Almond Milk	5

